

## BODY PARTS AND ACTIONS (1)

### DAY 1

Words: hand/hands/ face/wash

Sentence: I wash my hands.

Show one hand to the children. Say 'hand'.

Show both hands. Say 'hands'.

Repeat a couple of times.

Just show 1 hand and see if they say the word 'hand'. Say it again. Show both hands. The children should say 'hands'.

Show the action of washing hands and say 'wash'.

Now point towards yourself and say I...

I wash (doing the action) my hands (hold them up).

Point towards your face and say 'face'.

Show the action of washing your face and say 'wash'.

Say 'I wash my face' while doing the action.

Keep repeating the sentences. Soon the children should be able to say them on their own when you show the action.

### DAY 2

Revise: I wash my hands.

I wash my face.

It does not matter if the children are not able to say the complete sentences. If they are able to say hands/face/wash at least, you can teach them more words.

New words: brush/teeth/comb/hair

Sentence: I brush my teeth.

I comb my hair.

Point towards teeth and say 'teeth'.

You could use your toothbrush and show the action while saying 'brush'.

When they are able to say the words **brush** and **teeth** go on to 'I brush my teeth'.

Point towards hair and say 'hair'.

Use your comb and say 'comb' while showing the action.

Make them say 'I comb my hair' when they are able to say **comb** and **hair**.

### DAY 3

Do the actions and see whether they remember the words/sentences.  
Make them repeat the sentences.

### VIDEO & PPT

#### Body Parts & Actions

The PPT used for making the video has also been included for practice.

**(GUIDANCE NEEDED)**

Children should be able to name the pictures on the slides: hand/hands/face etc.

Since the sentences have already been taken up, give them hints.

Say: I... (Show the action of washing your hands) and see whether they say *wash my hands*.

<https://www.youtube.com/watch?v=dSMIPRNWaxE>

Song: This is the way

Kids TV - Nursery Rhymes And Baby Songs

This is the way we brush our teeth,  
Brush our teeth, brush our teeth.  
This is the way we brush our teeth,  
So early in the morning.

This is the way we wash our face,  
Wash our face, wash our face.  
This is the way we wash our face,  
So early in the morning.

This is the way we comb our hair,  
Comb our hair, comb our hair.  
This is the way we comb our hair,  
So early in the morning.

This is the way we get dressed\*,  
We get dressed, we get dressed.  
This is the way we get dressed,  
So early in the morning.

This is the way we go to school,  
Go to school, go to school.  
This is the way we go to school,  
So early in the morning.

**\*It should be: 'we get dressed' not 'we get dress' as in the video.  
You could make the children sing 'wear our clothes' in place of 'we get dressed'.**

<https://www.youtube.com/watch?v=FI2iLFUmbKI>

Clap Your Hands  
English Singing

Clap your hands(2)  
Listen to the music  
And clap your hands.

Stamp your feet/Turn around/Jump up high

<https://www.youtube.com/watch?v=OsFV58Jps2k>

Welcome Song for Kids | Action Songs  
The Kiboomers

Hello everyone,  
How are you?  
How are you today?  
Hello everyone,  
Clap your hands  
Stomp your feet  
Touch your nose.

The previous song uses *stamp your feet* and this song has *stomp your feet*. Both are okay. You could make the children sing *stamp* in both of them if you wish.