

HEALTH

The younger students should be able to ask: *How are you? /How do you feel?* and say: *I have a cold/cough/fever/headache etc.*

There are more words and patterns for the older students.

<https://www.youtube.com/watch?v=JFC0qG-gGaw>

Health Vocabulary for Kids

Elf Kids Video

a cough/ a fever/a runny nose/ a sore /a stomachache/diarrhoea/ a broken arm/ a bruise/a bump/ a cut/a scratch/ sunburn/allergies/a bug bite/an earache/ a headache/ a scab/ a toothache/ a Band-Aid/a cast/ medicine/ a shot/ a thermometer/ an X-ray

<https://www.youtube.com/watch?v=4TMyx65qlkg>

Health and Injuries - English Pattern Practice

Elf Kids Video

In this video, the words taken up in the previous video are taken up in sentences.

I have a broken arm. I broke my arm.

I have a bruise. I bruised my leg.

I have a bump. I bumped my head.

I have a cut. I cut my finger.

I have a scratch. I scratched my knee.

I have a sunburn*. Ouch. Ouch. Ouch.

*In British English we don't use the article **a** with sunburn.

FOR TEACHERS/OLDER CHILDREN (GUIDANCE NEEDED)

https://www.youtube.com/watch?v=Zm1KKcgQ7DM&feature=emb_logo

Health Problems - English Vocabulary

Woodward English

The video is quite long but it is good because health problems are taken up in sentences and there are fill in the blanks for practice.

Good for teachers to watch so that they know how to take up the topic with students.

This video can be used with the students if the teachers feel the level is appropriate. The entire video need not be shown at one time.

Once the students are familiar with the vocabulary and patterns, they could practise in pairs:

A: What's the matter? /What's wrong?

B: I have a fever/cold/fever etc.

A: How are you? /How do you feel?

B: Not so good/Not very well.

A: What's the matter?

B: I have a headache etc.

A: I'm sorry to hear that.

Note: Don't introduce too many words at the same time. Cover the topic over a few days.

How do we ask about someone's health?

How are you?

How are you today?

How do you feel?

How do you feel today?

How are you feeling?

Do you have fever/a cold etc.?

Are you sick?

Are you feeling okay?

Are you feeling better?

Did you have any medicine?

Talking about your health

I'm fine.

I'm sick.

I feel fine/great/sick.

Not so good.

Not very well.

I'm not feeling very well.

I have a cold/cough/stomach ache etc.

I have a headache.

I have a slight/bad /terrible headache.

I have a broken/sprained ankle/ wrist.

I broke/sprained my ankle/wrist.

I feel tired/cold.